



The Batt C.E. School & St Mary's CE Infants School

P.E. Curriculum



P.E. Knowledge Coverage			
Year	Autumn	Spring	Summer
R	Autumn 1 - Unit 1 Core Real PE – personal cog - 6 weeks Autumn 2 - Unit 2 Core Real PE – Social cog – 6 weeks Autumn 2 – Unit 1 Real Gym – social cog – 6 weeks	Spring 1 – Unit 3 Core Real PE – cognitive cog – 6 weeks Spring 1 – Unit 1 Real Dance – cognitive cog – 6 weeks Spring 2 – Unit 4 core Real Pe – creative cog – 6 weeks Spring 2 – Unit 2 Real Gym – creative cog – 6 weeks	Summer 1 – Unit 5 Core Real PE – physical cog – 6 weeks Summer 1 – May Dancing – 6 weeks - school Summer 2 – Unit 6 Core Real PE - health and fitness cog – 6 weeks Summer 2 – Athletics skills – school plans
1	Autumn 1 - Unit 1 Core Real PE – personal cog -6 weeks Autumn 2 - Unit 2 Core Real PE – Social cog – 6 weeks Autumn 2 – Unit 1 Real Gym – social cog – 6 weeks	Spring 1 – Unit 3 Core Real PE – cognitive cog – 6 weeks Spring 1 – Unit 1 Real Dance – cognitive cog – 6 weeks Spring 2 – Unit 4 Core Real PE – creative cog – 6 weeks Spring 2 – Unit 2 Real Gym – creative cog – 6 weeks	Summer 1 – Unit 5 Core Real PE – physical cog – 6 weeks Summer 1 – May Dancing – 6 weeks – school plans Summer 2 – Unit 6 Core Real PE - health and fitness cog – 6 weeks Summer 2 – Athletics skills – school plans

2	Autumn 1 - Unit 1 Core Real PE – personal cog - 6 weeks Autumn 2 - Unit 2 Core Real PE – Social cog – 6 weeks Autumn 2 – Unit 1 Real Gym – social cog – 6 weeks	Spring 1 – Unit 3 Core Real PE – cognitive cog – 6 weeks Spring 1 – Unit 1 Real Dance – cognitive cog – 6 weeks Spring 2 – Unit 4 core Real Pe – creative cog – 6 weeks Spring 2 – Unit 2 Real Gym – creative cog – 6 weeks	Summer 1 – Unit 5 Core Real PE – physical cog – 6 weeks Summer 1 – May Dancing – 6 weeks – school Summer 2 – Unit 6 Core Real PE - health and fitness cog – 6 weeks Summer 2 – Athletics skills – school plans
3	Autumn 1 - Unit 1 Core Real PE – personal cog – 6 weeks Autumn 1 – Football – school plans Autumn 2 – Unit 1 Real Gym – social cog – 6 weeks Autumn 2 – Hockey – school plans	Spring 1 – Unit 1 Real Dance – cognitive cog – 6 weeks Spring 1 – Rugby – school plans Spring 2 – Unit 2 Real Gym – creative cog – 6 weeks Spring 2 – Netball – school plans	Summer 1 – May Dancing – 6 weeks – school plans Summer 1 – Cricket – school plans Summer 2 – Athletics – school plans Summer 2 – Tennis – school plans
4	Autumn 1 - Unit 1 Core Real PE – personal cog - 6 weeks Autumn 1 - Football Autumn 2 – Unit 1 Real Gym – social cog – 6 weeks Autumn 2– hockey – school plans	Spring 1 – Unit 1 Real Dance – cognitive cog – 6 weeks Spring 1 – Rugby – school plans Spring 2 – Unit 2 Real Gym – creative cog – 6 weeks Spring 2 – Netball – school plans	Summer 1 – May Dancing – 6 weeks – school plans Summer 1 – Cricket – school plans Summer 2 – Athletics – school plans Summer 2 – Tennis – school plans
5	Autumn 1 - Unit 1 Core Real PE – personal cog - 6 weeks Autumn 1 - Football Autumn 2 – Unit 1 Real Gym – social cog – 6 weeks Autumn 2 – hockey – school plans	Spring 1 – Unit 1 Real Dance – cognitive cog – 6 weeks Spring 1 – Rugby – school plans Spring 2 – Unit 2 Real Gym – creative cog – 6 weeks Spring 2 – Netball – school plans	Summer 1 – May Dancing – 6 weeks – school plans Summer 1 – Cricket – school plans Summer 2 – Athletics – school plans Summer 2 – Tennis – school plans

6	Autumn 1 - Unit 1 Core Real PE – personal cog - 6 weeks Autumn 1 - Football Autumn 2 – Unit 1 Real Gym – social cog – 6 weeks Autumn 2 – hockey – school plans	Spring 1 – Unit 1 Real Dance – cognitive cog – 6 weeks Spring 1 – Rugby – school plans Spring 2 – Unit 2 Real Gym – creative cog – 6 weeks Spring 2 – Netball – school plans	Summer 1 – May Dancing – 6 weeks – school plans Summer 1 – Cricket – school plans Summer 2 – Athletics – school plans Summer 2 – Tennis – school plans
	In addition to the above, all KS2 children will take part in a series of swimming sessions over the course of the year.		

P.E. Skills Progression							
Aspect	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Real PE unit 1	Co-ordination – footwork Static balance – 1 leg	Co-ordination – footwork Static balance – 1 leg	Co-ordination – footwork Static balance – 1 leg	Co-ordination – footwork Static balance – 1 leg	Co-ordination – footwork Static balance – 1 leg	Co-ordination – ball skills Agility – reaction and response	Co-ordination – ball skills Agility – reaction and response
Real PE unit 2	Dynamic balance to agility - Jumping and landing Static balance - seated	Dynamic balance to agility - Jumping and landing Static balance - seated	Dynamic balance to agility -Jumping and landing Static balance - seated	Dynamic balance to agility -Jumping and landing Static balance - seated	Dynamic balance to agility -Jumping and landing Static balance - seated	Dynamic balance – on a line Counter balance – with a partner	Dynamic Balance On a Line Counter Balance -with a partner

Real PE unit 3	Dynamic Balance On a Line Static Balance Stance	Dynamic Balance On a Line Static Balance Stance	Dynamic Balance On a Line Static Balance Stance	Dynamic Balance On a Line Coordination Ball Skills	Dynamic Balance On a Line Coordination Ball Skills	Static Balance Stance Coordination Footwork	Static Balance Stance Coordination Footwork
Real PE unit 4	Coordination Ball Skills Counter Balance With a Partner	Coordination Ball Skills Counter Balance With a Partner	Coordination Ball Skills Counter Balance With a Partner	Coordination Sending and Receiving Counter Balance With a Partner	Coordination Sending and Receiving Counter Balance With a Partner	Static Balance Seated Static Balance Floor Work	Static Balance Seated Static Balance Floor Work
Real PE unit 5	Coordination Sending and Receiving Agility Reaction / Response	Coordination Sending and Receiving Agility Reaction / Response	Coordination Sending and Receiving Agility Reaction / Response	Agility Reaction / Response Static Balance Floor Work	Agility Reaction / Response Static Balance Floor Work	Dynamic Balance to Agility Jumping and Landing Static Balance One Leg	Dynamic Balance to Agility Jumping and Landing Static Balance One Leg
Real PE unit 6	Agility Ball Chasing	Agility Ball Chasing	Agility Ball Chasing	Agility Ball Chasing	Agility Ball Chasing	Coordination Sending and Receiving	Coordination Sending and Receiving

	Static Balance Floor Work	Static Balance Floor Work	Static Balance Floor Work	Static Balance Stance	Static Balance Stance	Agility Ball Chasing	Agility Ball Chasing
Real gym unit 1	Shape / travel	Shape / travel	Balance / travel	Travel / rotation	Balance / rotation	Hand apparatus/ low apparatus	Hand apparatus / low apparatus
Real Dance unit 1	Solo shapes/ partnering shapes/ artistry musicality/ circles solo / partnering circles / artistry making	Shapes solo / artistry musicality/ partnering shapes / circles solo / artistry abstraction / artistry making	Shapes solo / partnering shapes / circles solo / partnering circles / artistry abstraction / artistry making	Shapes solo / circles solo / partnering shapes / partnering circles / artistry abstraction / artistry making	Shapes solo / circles solo /partnering shapes / partnering lifts / partnering circles / artistry making	Shapes solo / circles solo / artistry abstraction / artistry musicality/ partnering lifts / artistry making	Shapes solo / circles solo /artistry abstraction / artistry musicality / partnering lifts / artistry making
Real Gym unit 2	Flight/ rotation	Flight / rotation	Flight / rotation	Flight / balance	Flight / travel	Partner work / large apparatus	Partner work / large apparatus