

Chris Howden

I have 5 grand-daughters



I love being a mum and a nana. Two of my grand-daughters have diabetes and one is on the autistic spectrum. I have learned so much from them as they learn to live with their particular needs.

I enjoy sewing and crafting



and have just begun to do patchwork and quilting.



Both my husband and I are Baptist ministers

I enjoy cooking and eating all sorts of food but I definitely prefer savoury food to sweet food.



I like other people's stories and read novels as a form of relaxation

