



St Mary's CE Infant School

Sex and Relationships Education Policy

The National Curriculum in England 2014

Every state funded school must offer a curriculum which is balanced and broadly based and which:

'Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society and prepares pupils at the school for the opportunities, responsibilities and experiences of later life.'

Children of this age are naturally curious and much of their learning comes from honest answers to straightforward questions. Many will have some ideas about sexual health matters having witnessed pregnancies within their own families, heard discussions between adults, seen programmes on television etc. It is therefore important that children's questions are answered as accurately as possible and at a level that is suitable for children between 4 and 7 years.

Our school delivers the legal requirements of Sex and Relationship Education as laid out in the Early Years Foundation Stage Development Matters and the National Curriculum Science Programmes of Study as detailed below.

Early Years Foundation Stage PSED (Personal Social and Emotional Development)

Making relationships - children play co-operatively taking turns with others, they take account of one another's ideas about how to organise their activity. They show sensitivity to other's needs and feelings, and form positive relationships with adults and other children.

National Curriculum Science 2014 Key Stage 1:

- Identify, draw, name and label the basic parts of the human body and say which part of the human body is associated with each sense.
- Notice that animals, including humans, have offspring which grow into adults
- Find out about and describe the basic needs of animals, including humans, for survival (water, air and food)

- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

Sex and relationship education will not be formally taught as a separate subject in the curriculum. Matters relating to sex education will be included as a natural part of other topics, such as growth, families, pets and feelings.

It will be the responsibility of all adults in the school to help the children towards a healthy understanding of relationships. Children will be encouraged to develop good relationships with other children and adults through our use of the SEAL (Social and Emotional Aspects of Learning) programme as detailed in our PSHE (Personal, Social and Health Education) policy.